

**Installation and user manual for
iOS/iPhone (App Store) and Android
(Play Store)**

**Step by step guide to installing the
FirstAED LTS3 app**

**There may be minor differences
depending on the type of mobile phone
you have**

**The app requires a minimum of
3 versions backwards.**

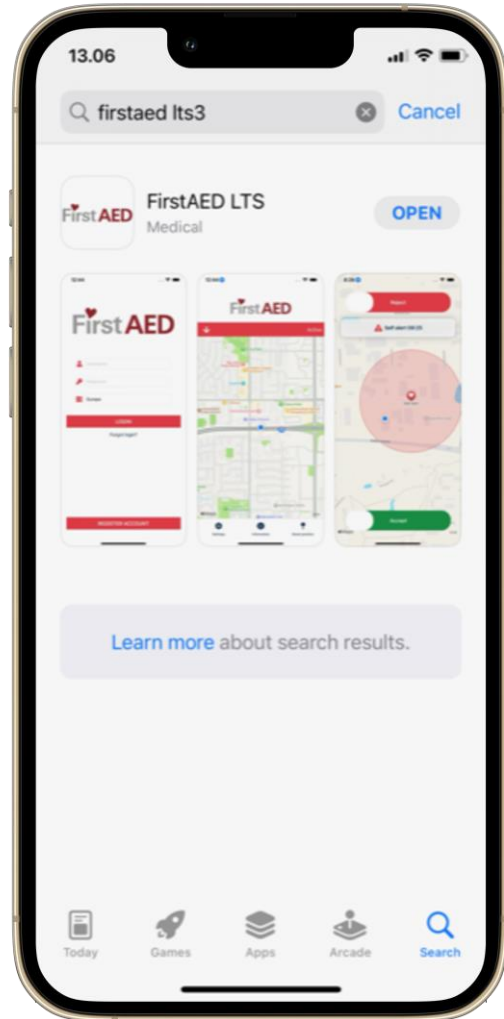
The logo for First AED features the word "First" in a grey, sans-serif font, followed by "AED" in a bold, red, sans-serif font. A small red heart icon is positioned above the letter "i" in "First".

First AED

Indholdsfortegnelse

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iOS/iPhone installation



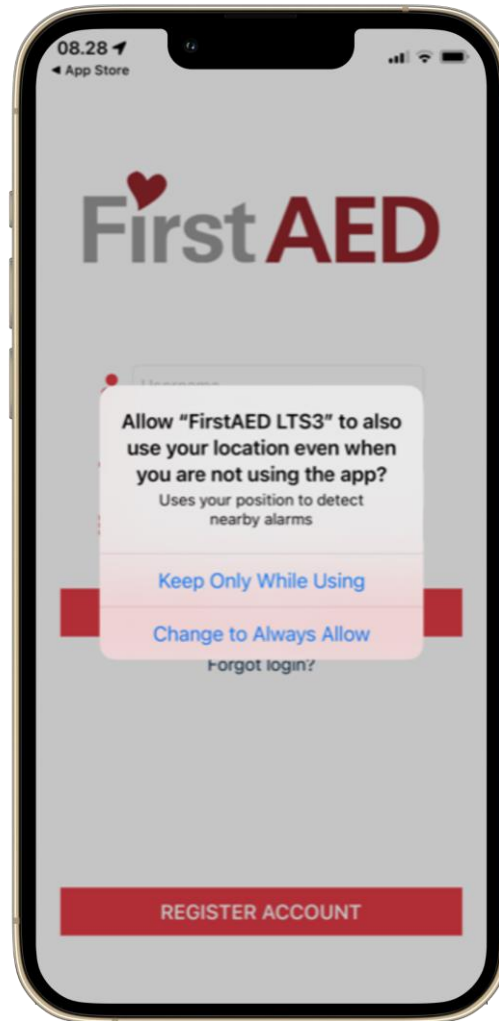
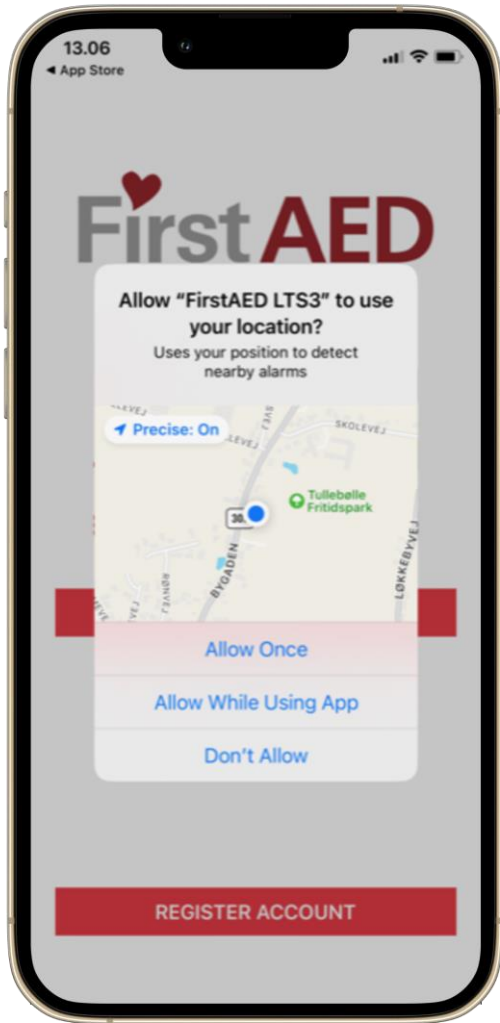
If you have the old FirstAED app, you need to delete it first.

Find the App Store icon on your phone and tap on it.

In the search bar, type FirstAED LTS3

Tap Download - once the app is downloaded, tap OPEN.

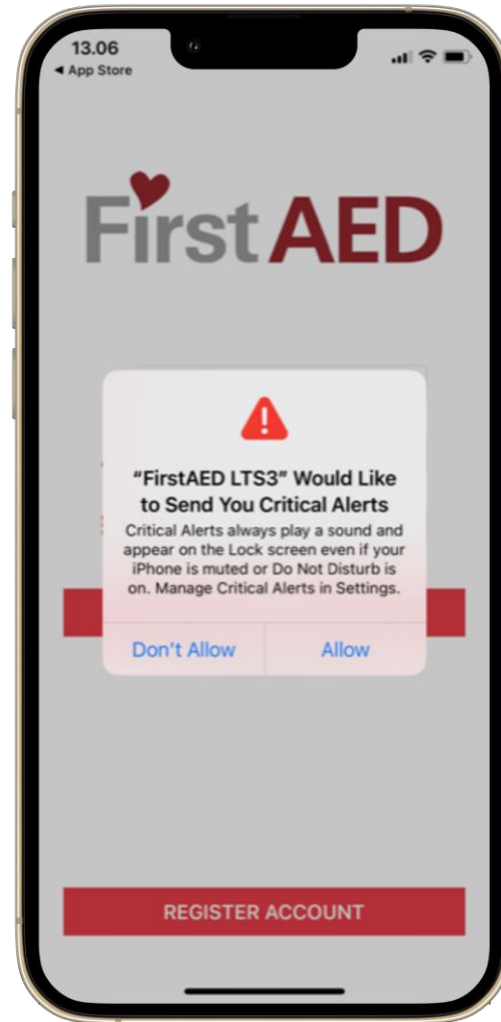
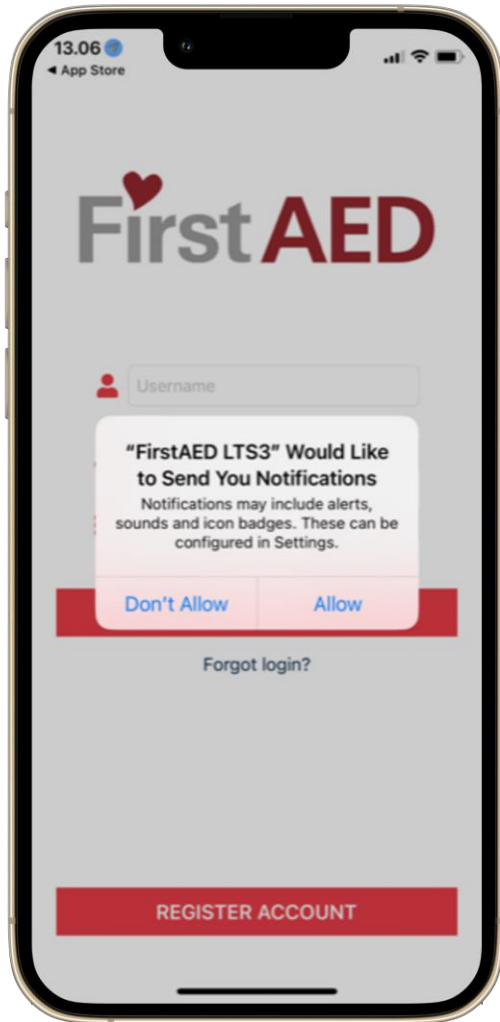




You will now need to give some authorisations.

For the first authorisation simply tap "Allow while using app"

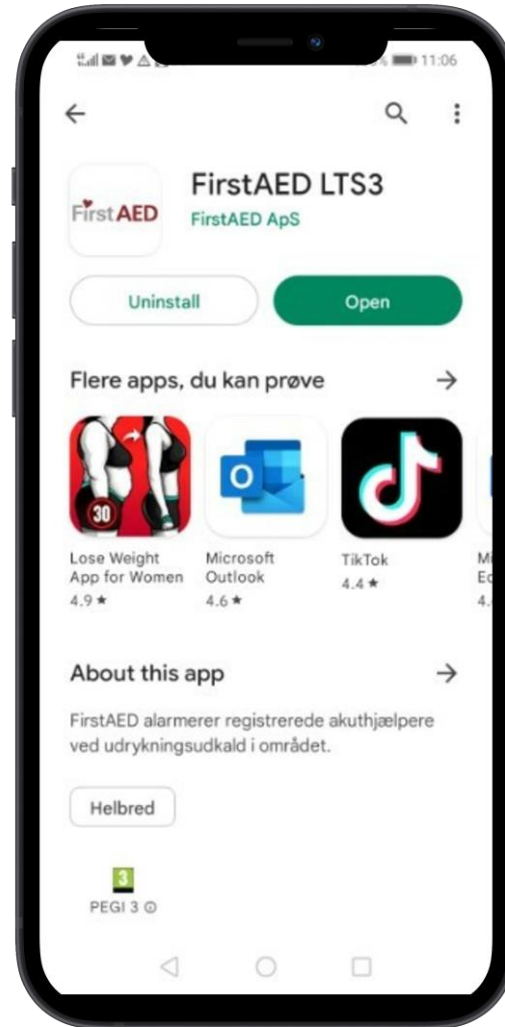
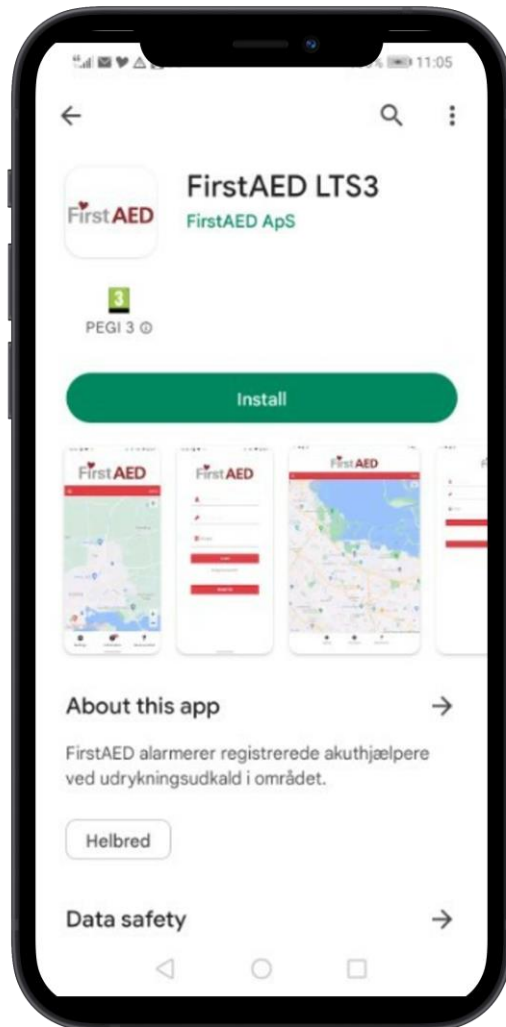
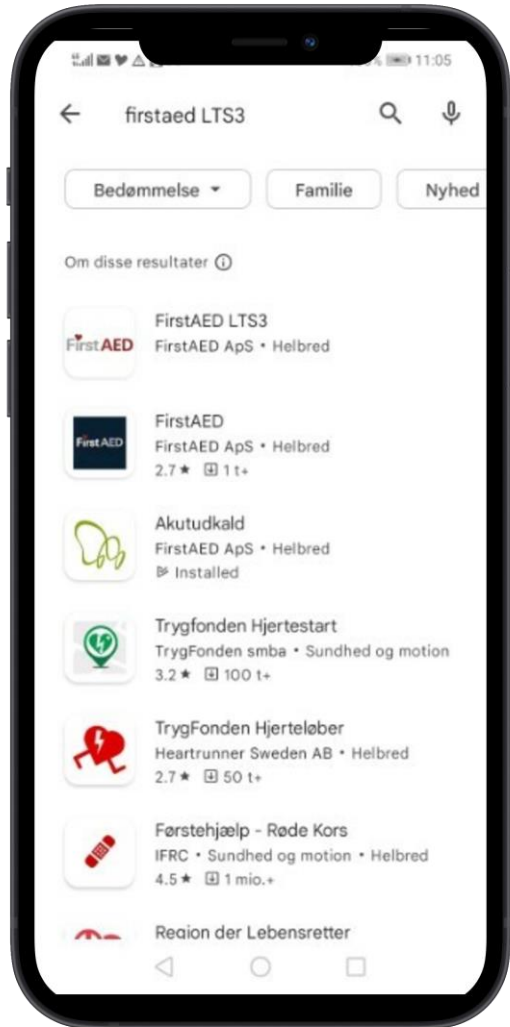
For the next permission, press "Change to Always allow"



Then tap "Allow" for both notifications and important alerts.

NOTE - if there are updates on your cell phone, check that your settings are still correct.

Android installation

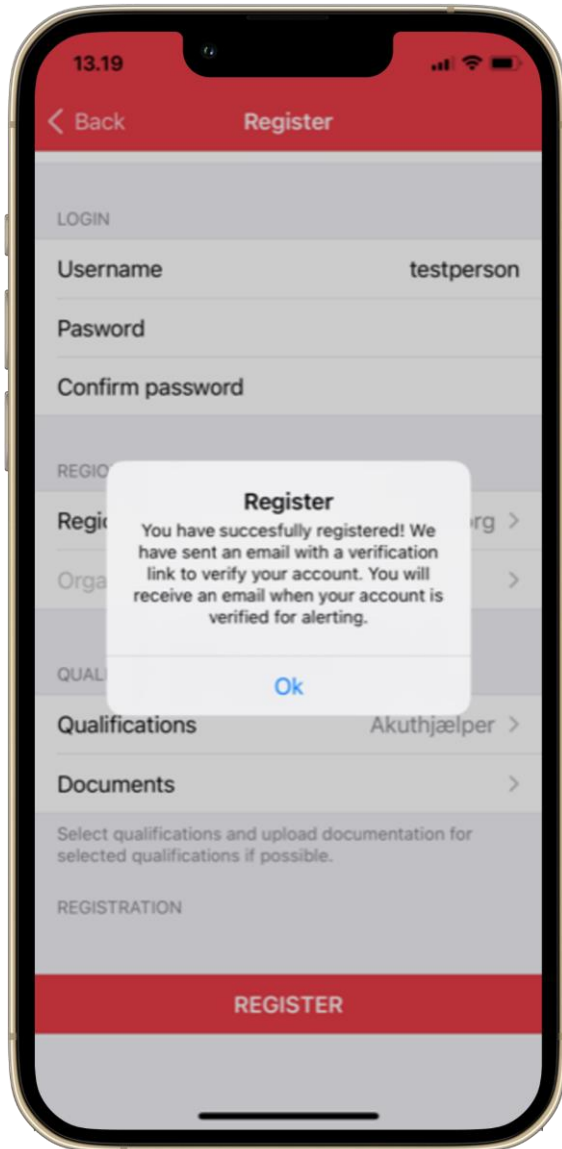


If you have the old FirstAED app, delete it first.

Find the Play Store icon on your phone and tap on it.

In the search bar, type FirstAED LTS3
Tap this and press "Install"

Tap "Open" - once the app is downloaded

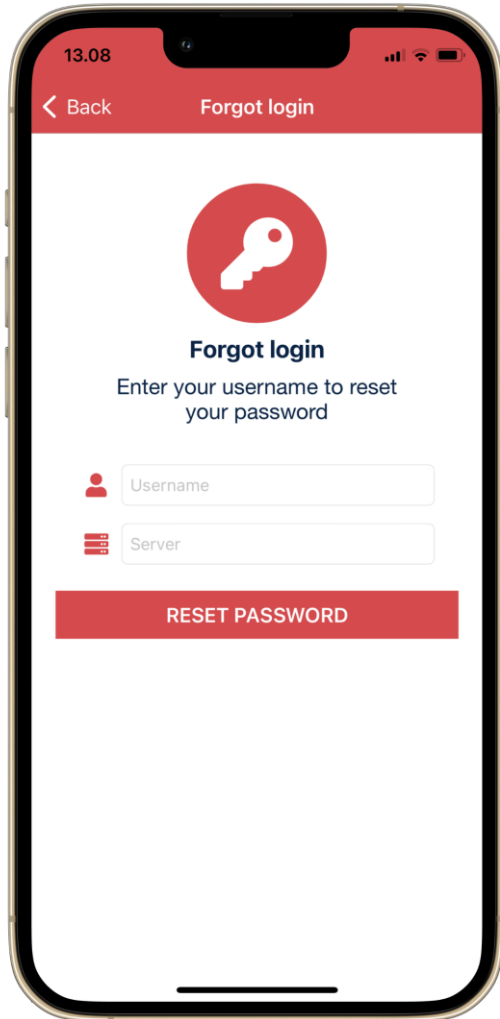


The app will now ask for permission to use the phone's location.

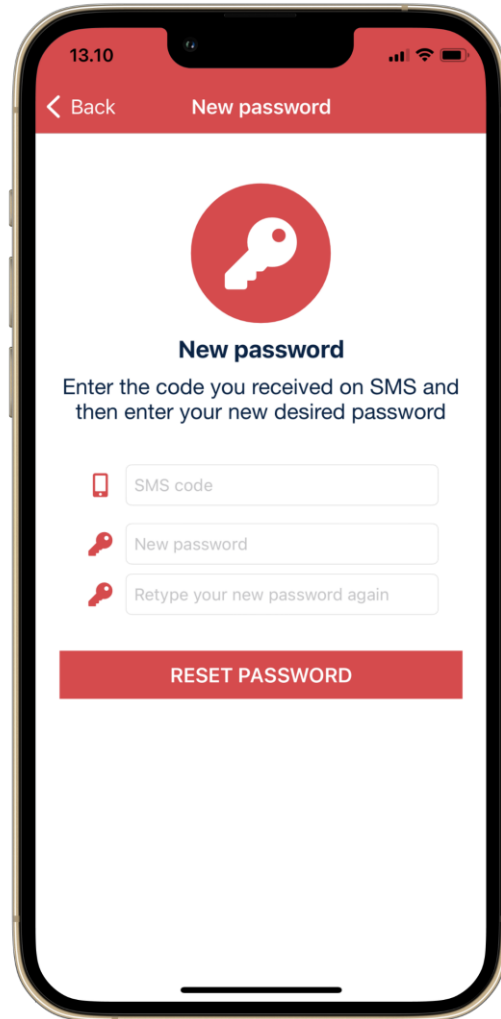
On Android devices, the app also needs permission to be active when the phone is in do not disturb mode, and to bypass any battery saving mode.

See separate section Settings -> Status

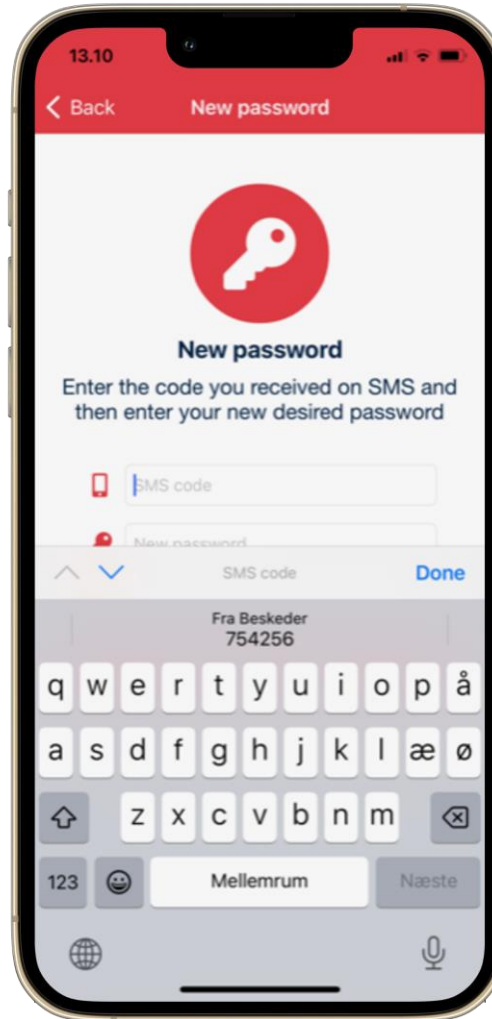
Reset password



1.



2.



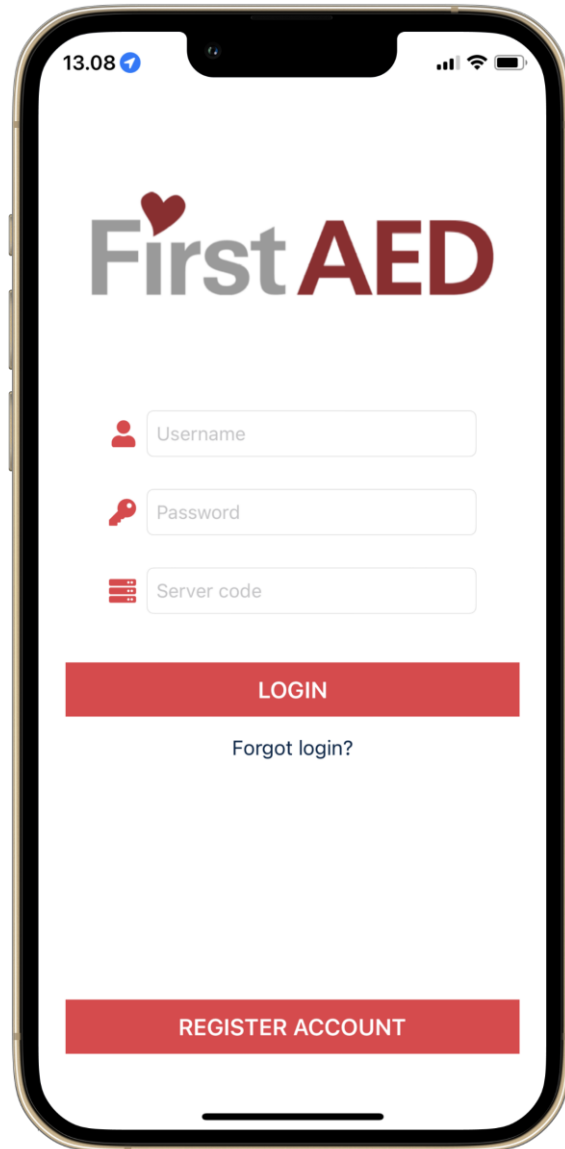
3.

Find the FirstAED LTS3 app on your phone and open it.

1. Tap "Forgot password?" (do not enter anything in the fields above)
2. enter your username from the old app and press "RESET PASSWORD"
3. You will now receive an SMS code to used to create your new password.

Enter the new code and press again "RESET PASSWORD"

Login



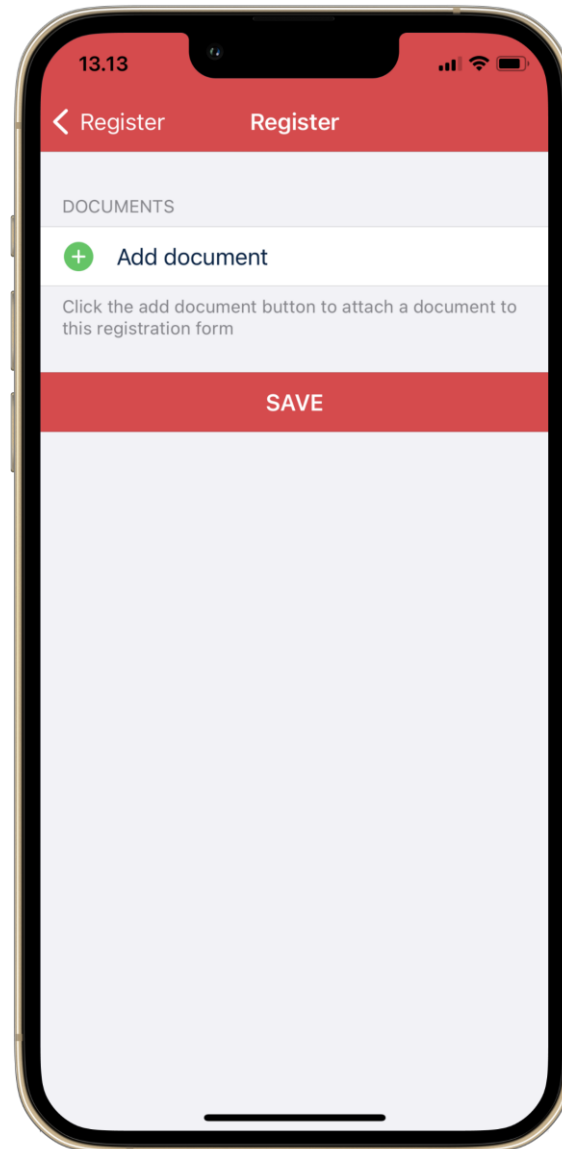
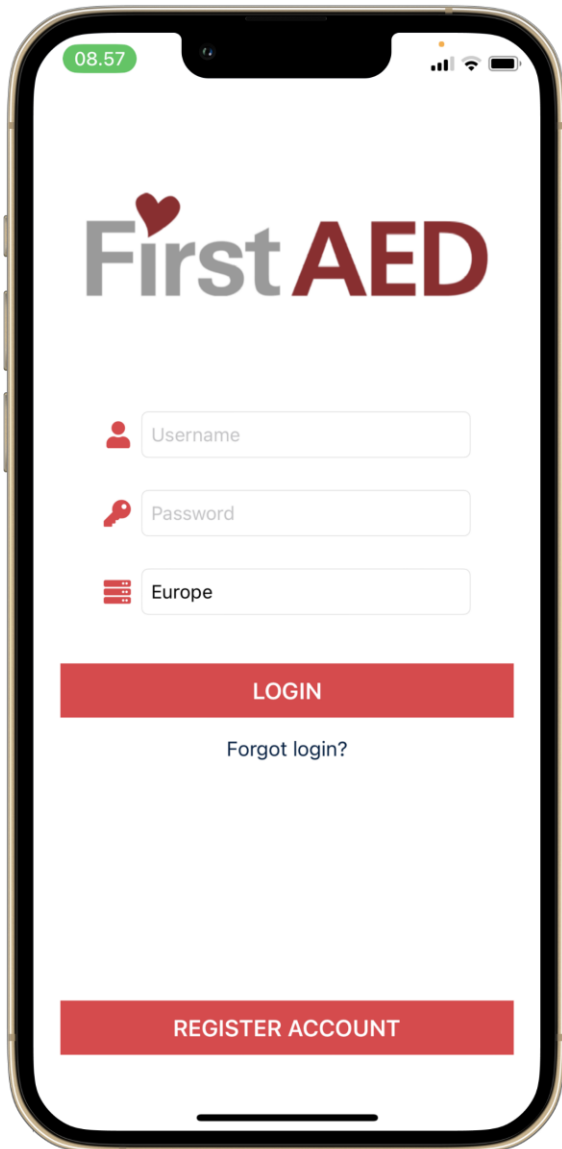
When logging in, you must enter your username. If you are unsure of your username, please get in touch with your contact person.

Enter your password

In the "Server area" select "Europe".

Finally, press "LOG IN".

New user



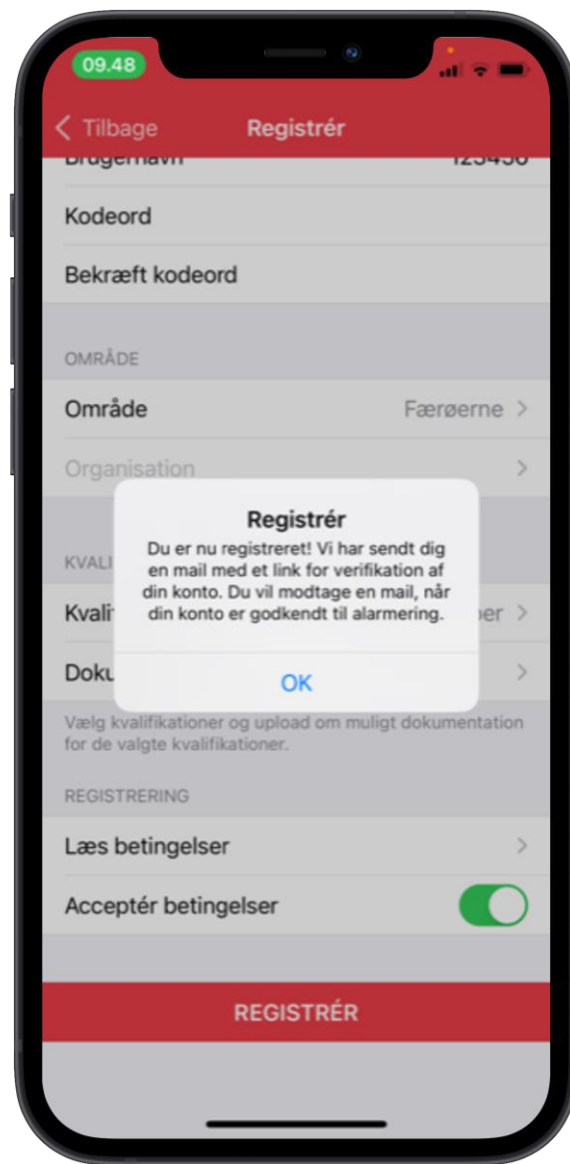
If you have downloaded FirstAED LTS3 for the first time, as a brand-new user, you need to register:

Press "REGISTER ACCOUNT"

Fill in all fields

You also have the option to add a document.

For example. A first aid certificate (Optional)

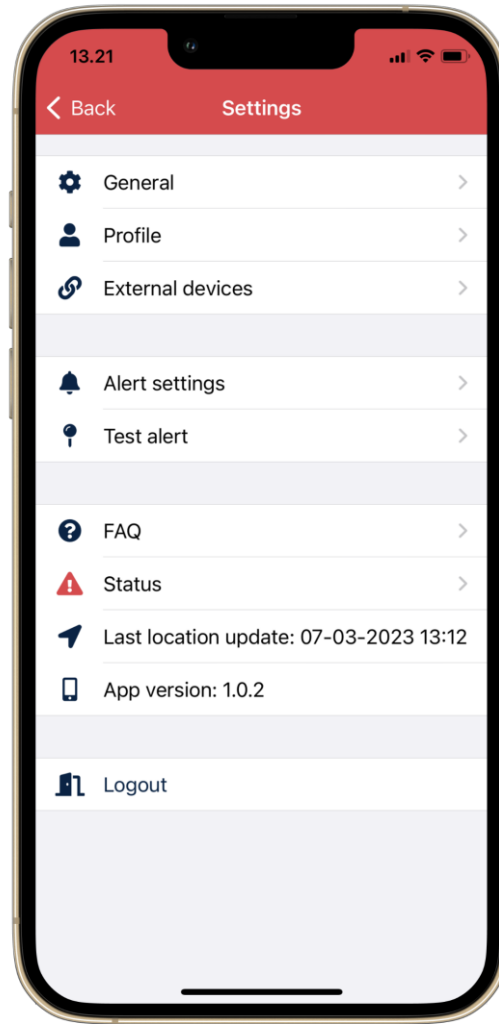
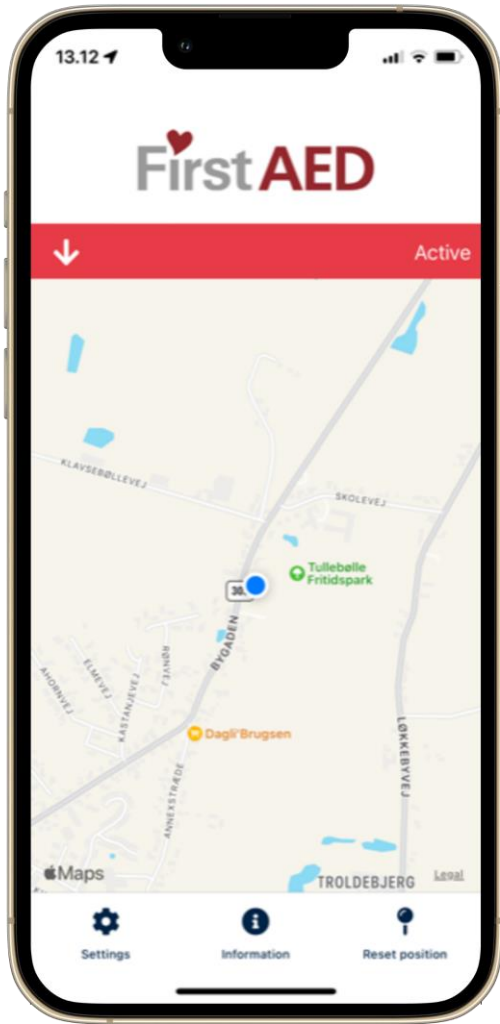


When all fields are filled in, press "REGISTER" and "OK"

You will then receive an email when an administrator has authorized you.

Click on a link and you will be ready to log in.

Settings

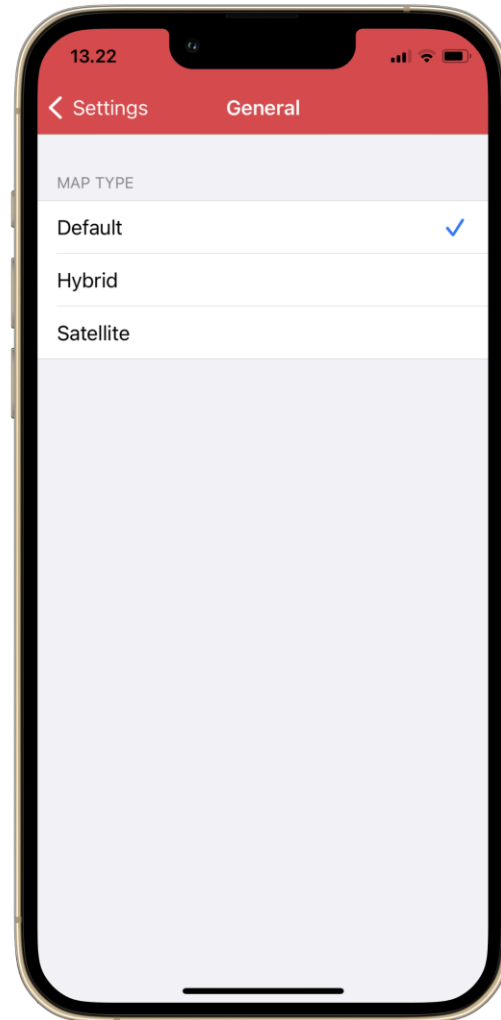
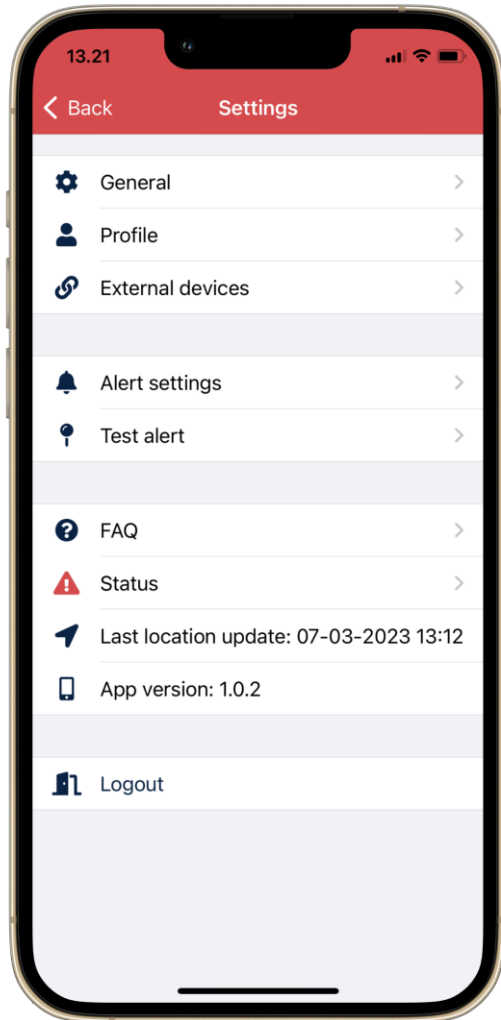


On the main screen, you can see your own position marked as a blue dot.

If your position is not correct, you can always update it by tapping 'Reset position' at the bottom right.

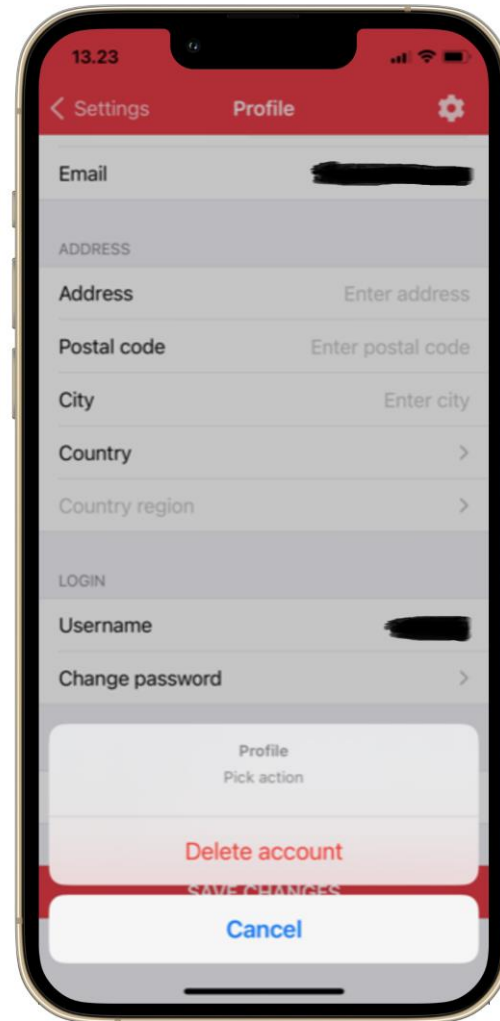
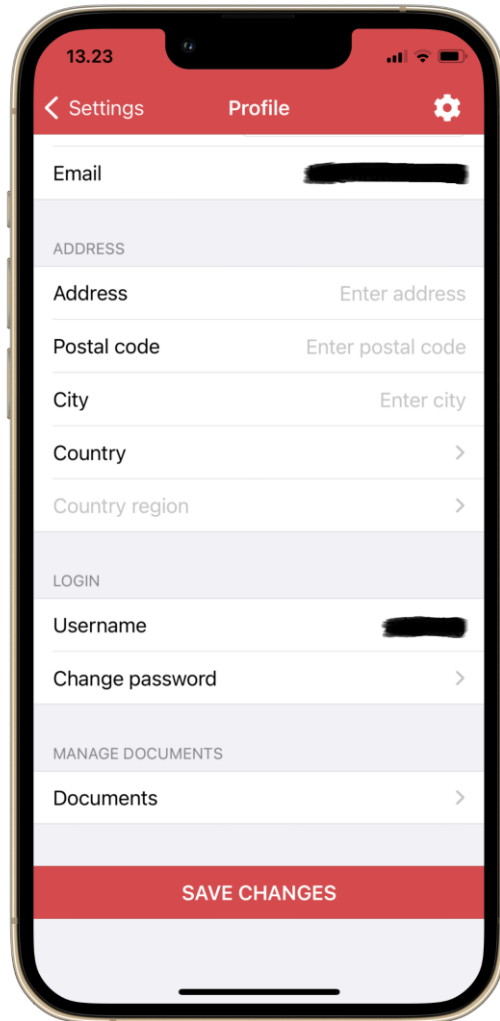
If you tap on "Settings" at the bottom left, you will be able to configure the app as described on the following pages.

Card type



Under "General" you can set the type of map you want to display.

Profile



Under "Profile" you have the possibility to insert or update your information.

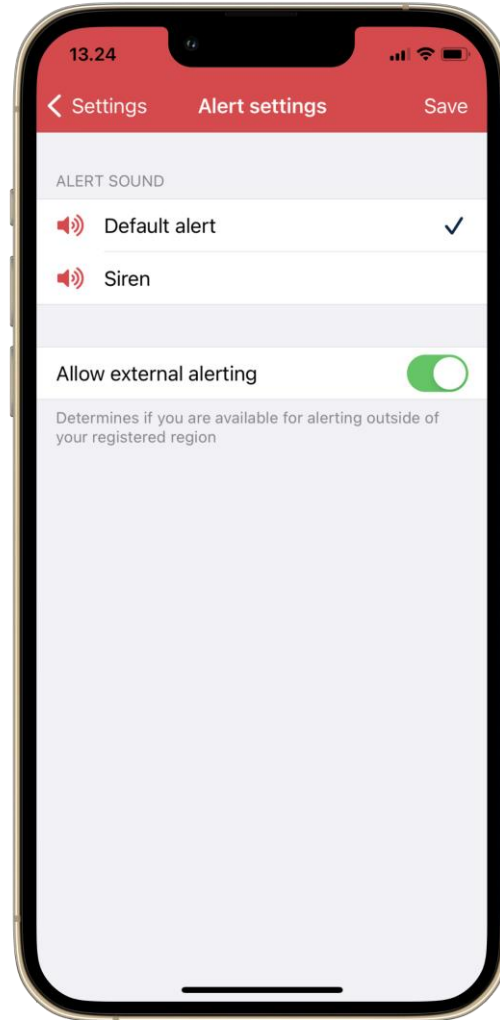
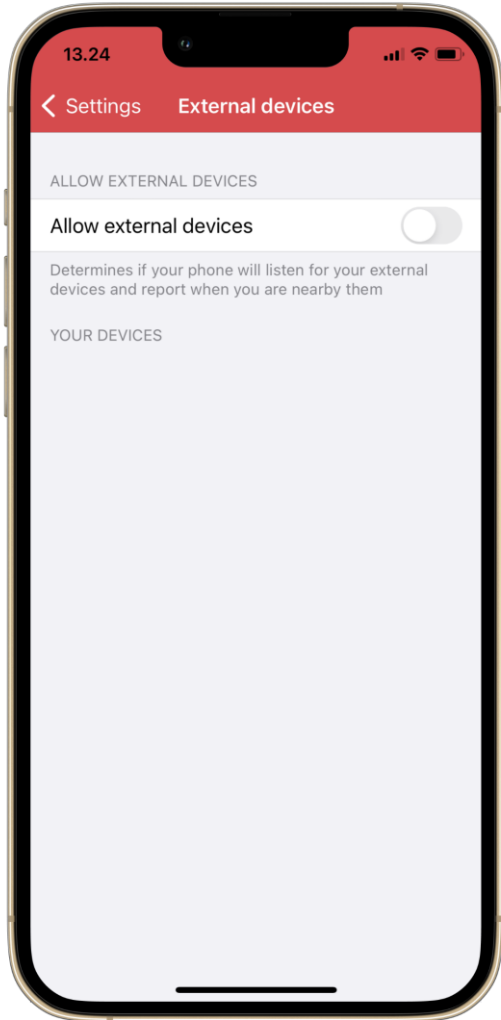
Here you can also see your username and change your password.

This is also where your documents are located, and you can to add documents.

If you want to change something, you must then press "SAVE CHANGES"

If you do not want to participate anymore, you must click on the wheel at the top right. Here you will have the option to delete your account.

External devices and Alarm settings

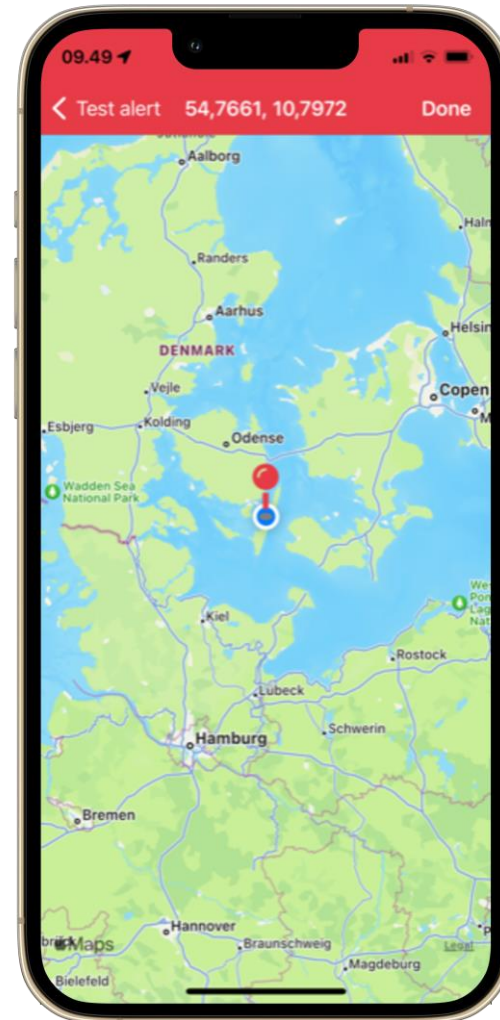
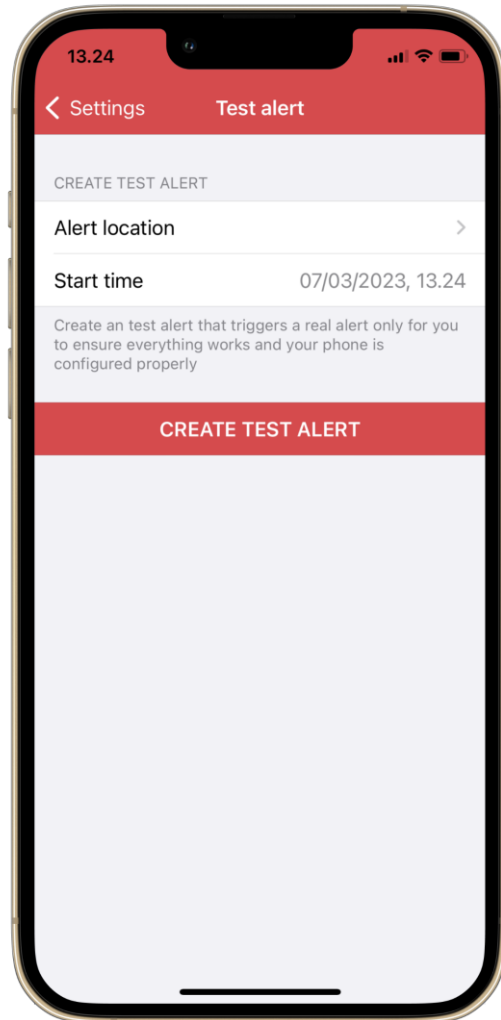


"Allow external devices" should only be set to, if you own an AED or other equipment and want to want to arm a Beacon.

This requires separate instruction.

Under "Alarm settings" you can set the alarm sound that suits you.

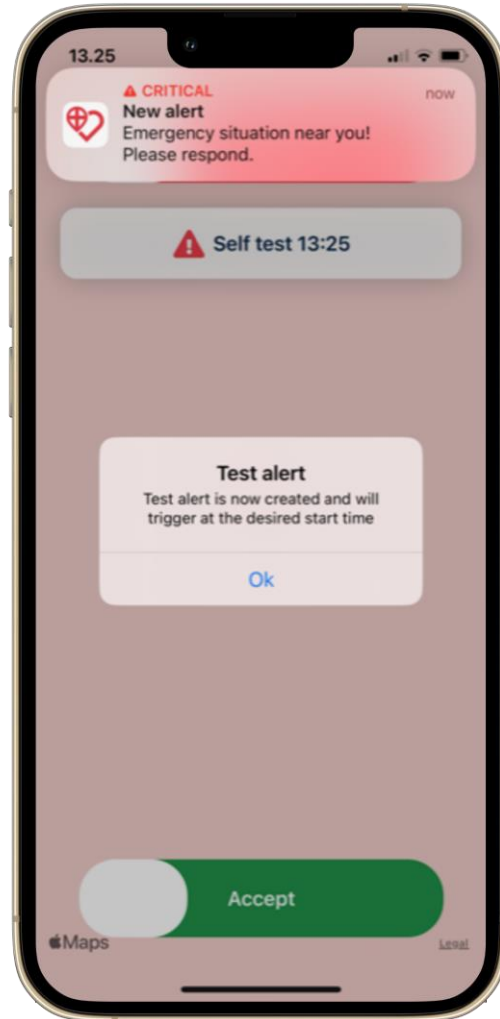
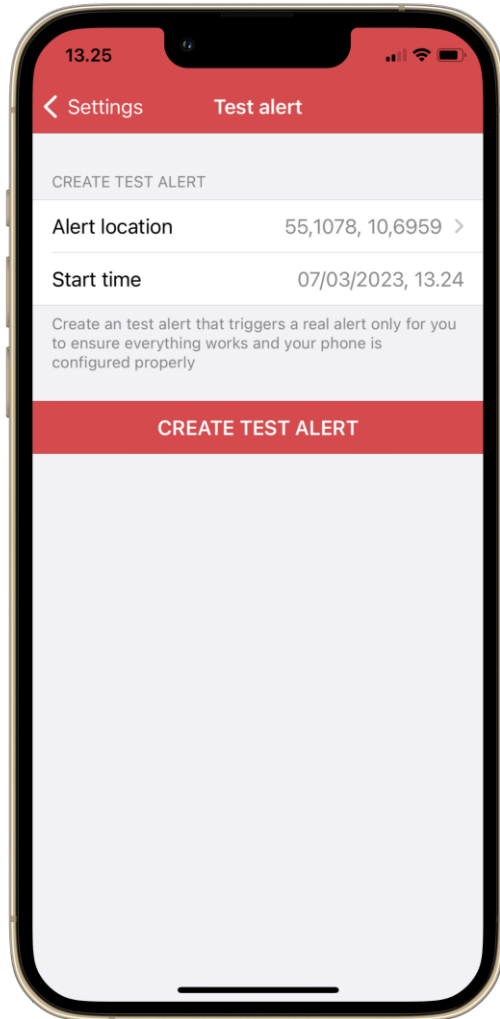
Test alarm and alarm sequence



If you want to test the functionality of the app, you have the option to start a test alarm.

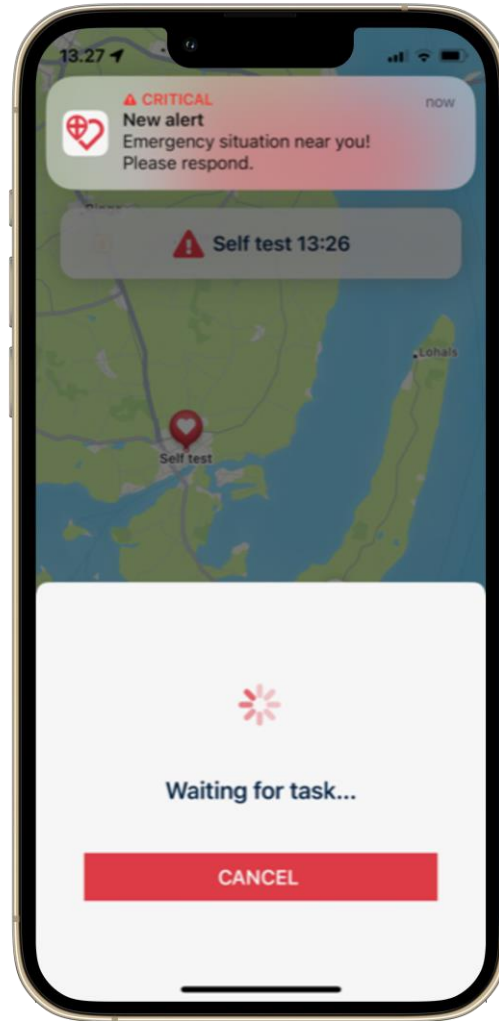
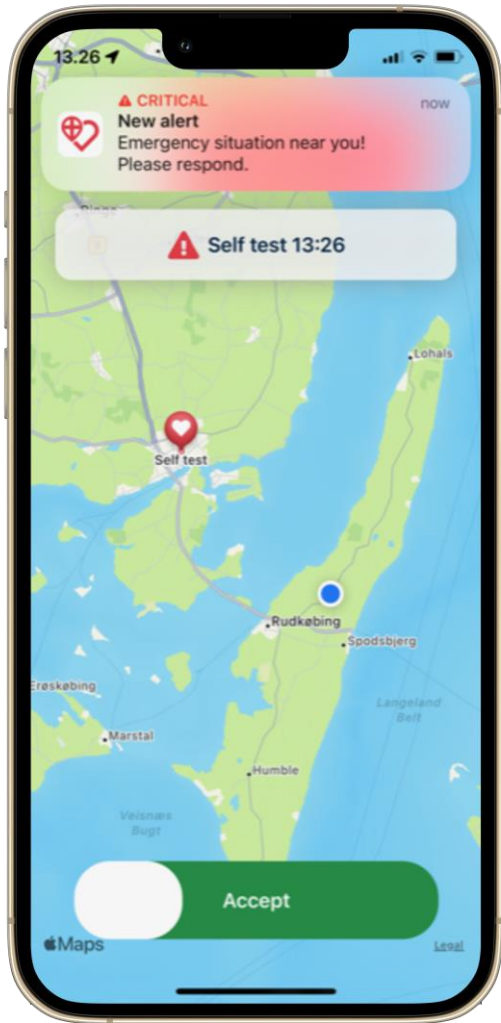
Tap on "Alarm position"

Now move the map so that the red marker is near your position.



You must now set the desired time for the test alarm and finally press "CREATE TEST ALARM"

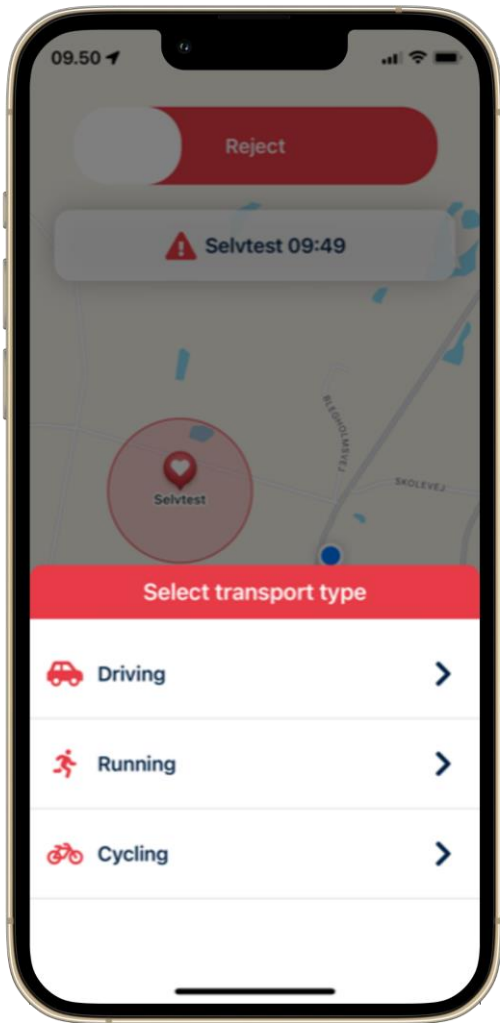
You will get a confirmation that the test alarm has been created, for which you must press OK.



You will now receive a test alarm at the selected time, which you can accept or reject.

Once you have accepted an alarm, a few seconds will pass, the system will evaluate if your assistance is needed for the assistance is needed for the task (in the test you will always be selected).

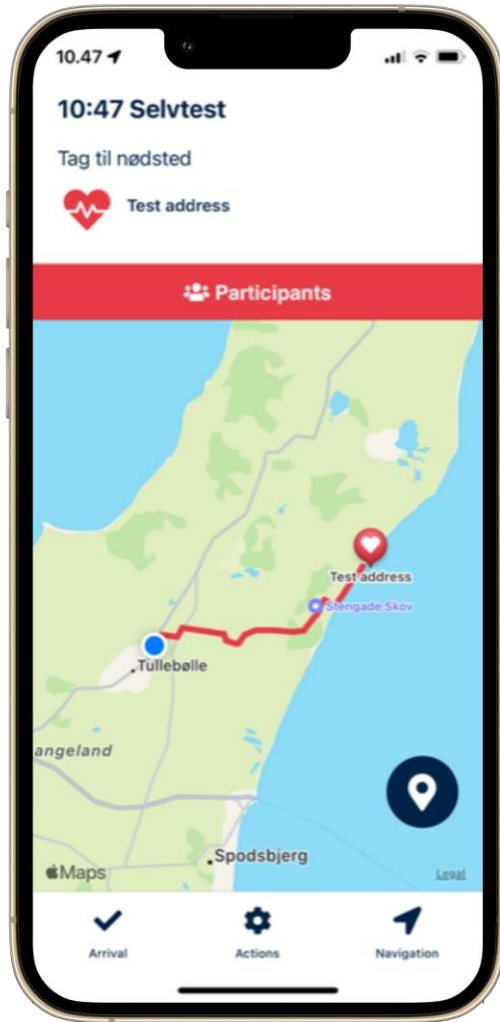
The selection of participants for a task is based on based, among other things, on the number of confirmed participants and their estimated travelling time to the incident.



If you are selected for an assignment, you will be asked to choose the type of transport you will use until the incident. This has, among other things, a decisive influence on the route calculation you receive.

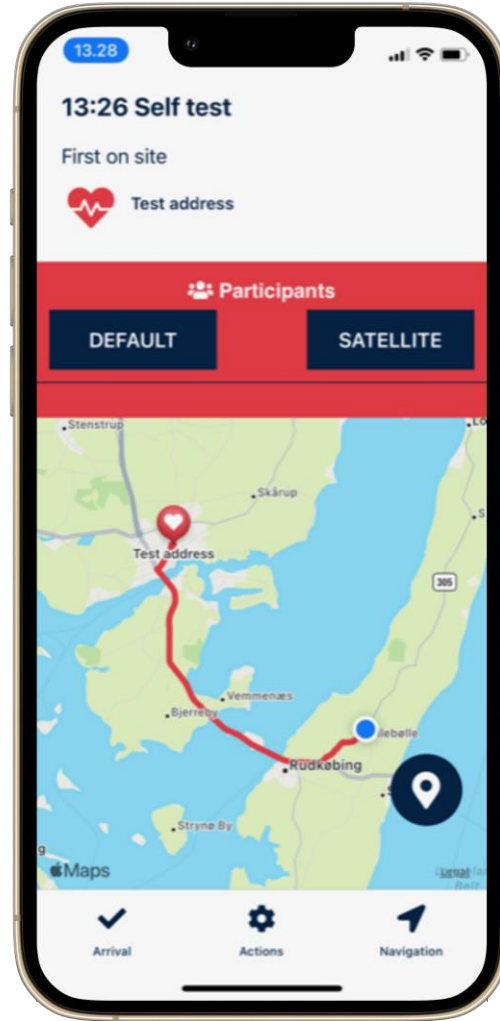
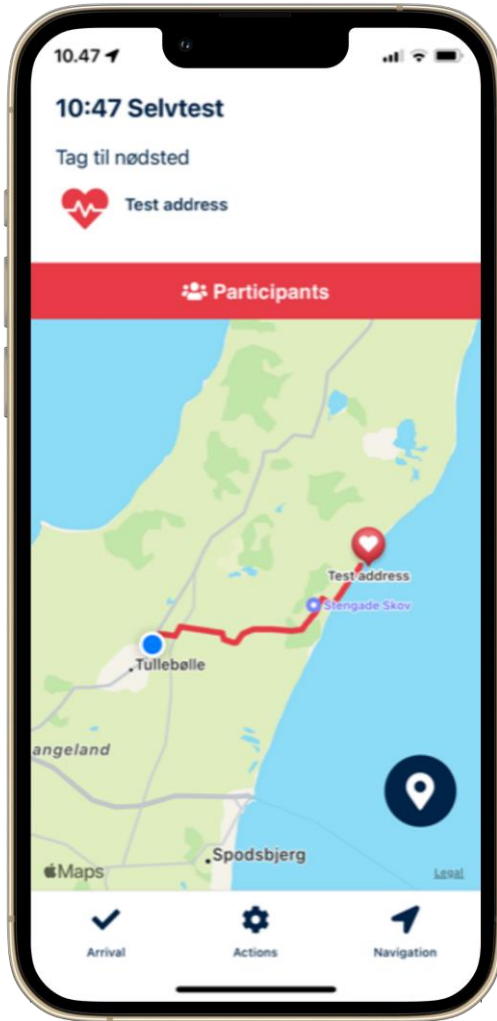
Subsequently, you may be asked to choose whether you are bringing, for example, a defibrillator or an emergency bag.

If you do not bring anything, simply press "CONTINUE".



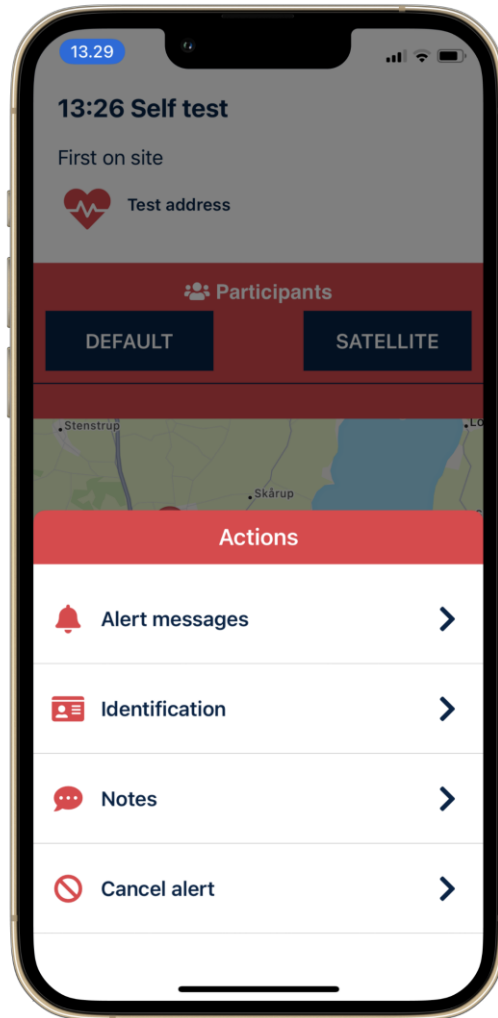
will now receive the task address.

By pressing "Navigation" you will be guided to the address via the phone's own navigation system.



If a test is made in co-operation with your administrator, you will be able to see the other Participants in the test.

If you create the test yourself, you can change the appearance of the map here.



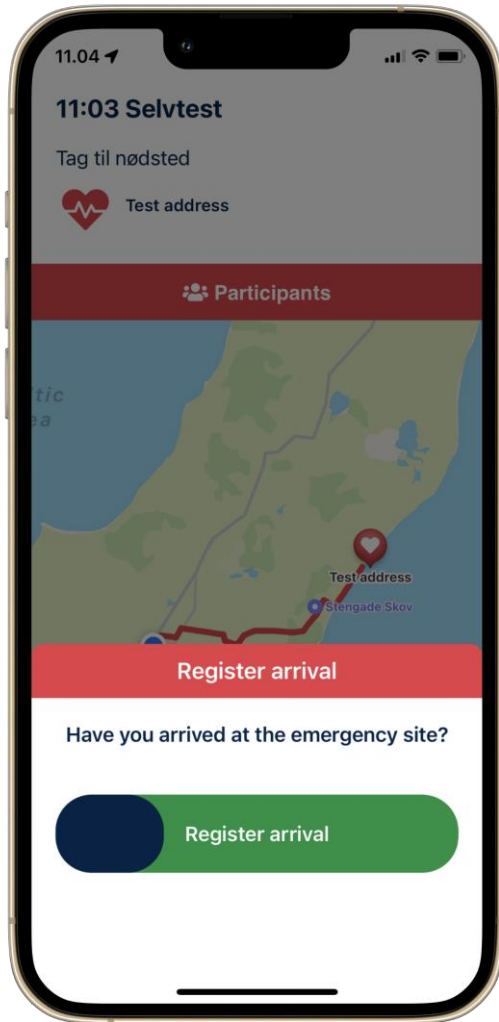
By tapping on "Actions" you get the following options.

"Alarm messages" can contain messages from the emergency call centre about the current task. You will receive a notification in the form of sound and pop-up if you receive a message on the way to the task.

"Identification" confirms to others who you are and what your purpose is.

"Remarks" can include details about the nature of the task.

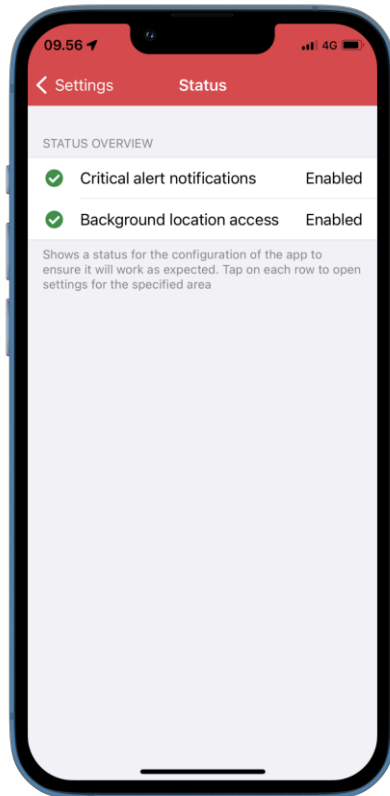
"Cancel alert" releases you from the current task and you are now available again for other tasks.



As you approach the incident, the app will ask you to register your arrival.

Registering your arrival is not essential for your participation in the task but can help the control center to see who has arrived at the incident.

Status

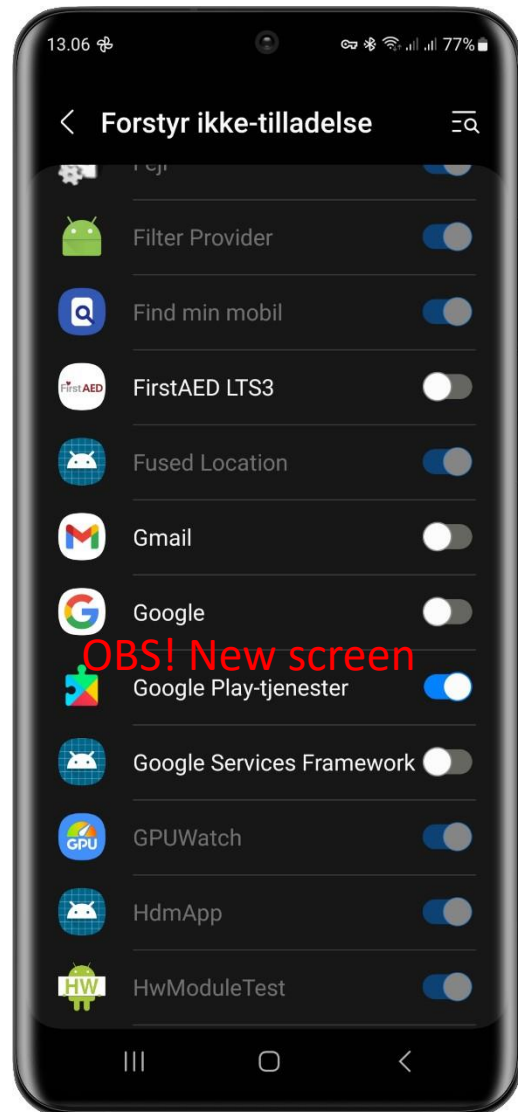


On the status page you can check if the permissions on your phone are set up correctly.

For the app to work properly, it is important that you do not have any red settings.

Tap on each setting to be directed directly to the place in the phone settings where you can make the adjustment.

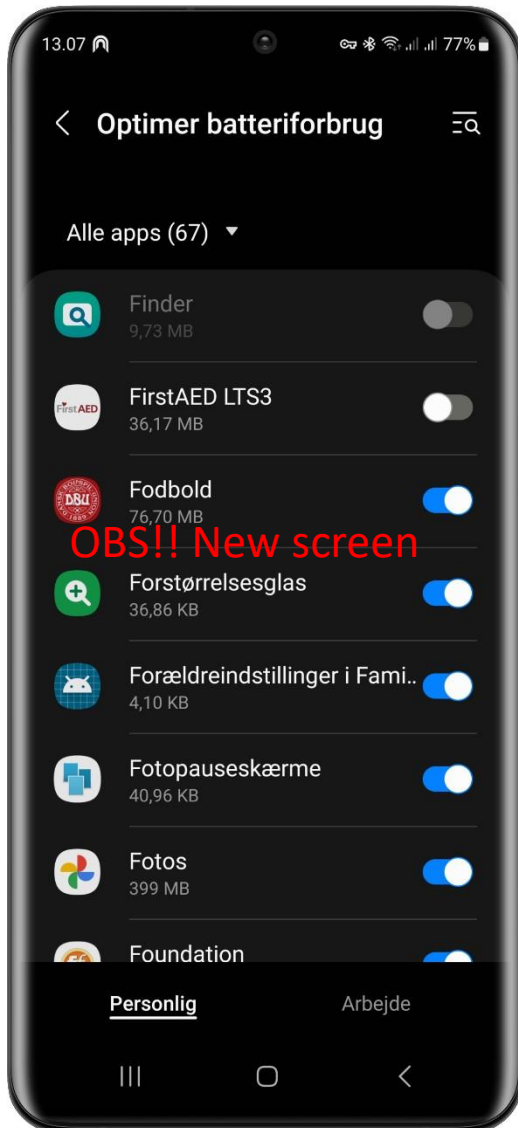
Note that this guide in this example is based on Android, but the principle is the same for iOS.



"Do not disturb permission" means that the app is allowed to sound an alarm even if you have activated do not disturb for a period of time.

Find the app in the list and enable the app's permission.

Note that in the example on the left, the necessary permission has NOT been granted to the app.

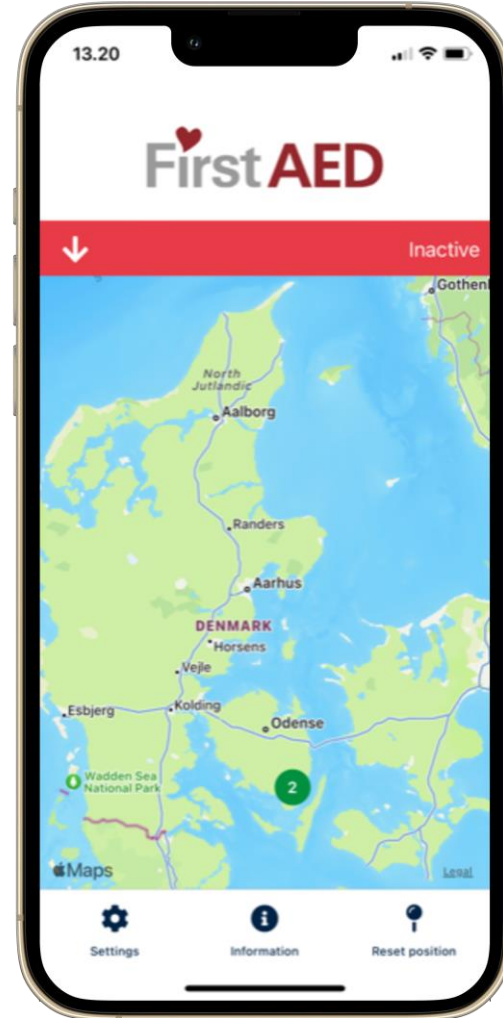
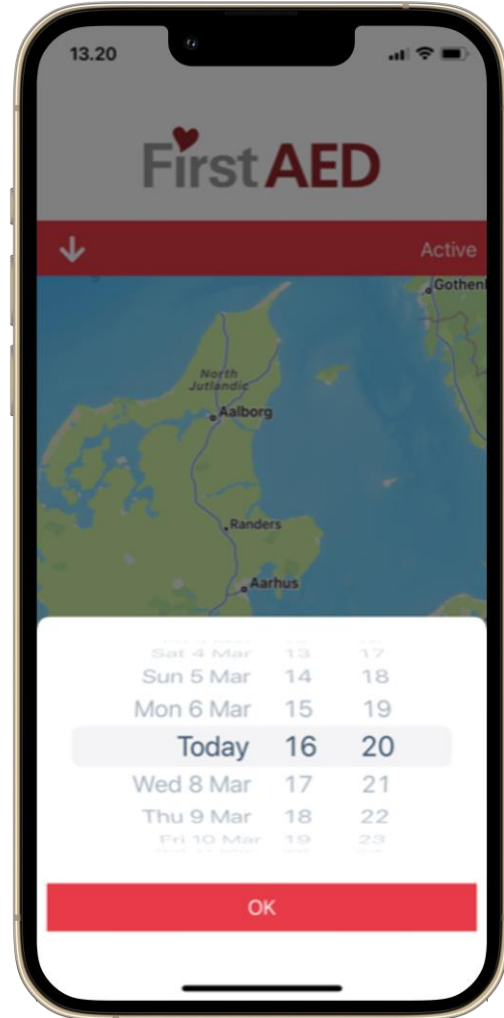
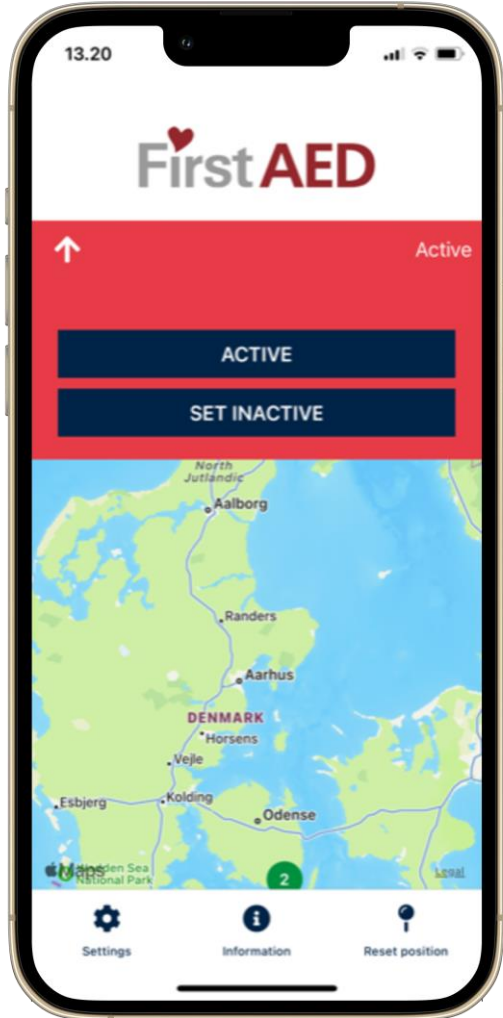


Disabling "Optimize battery consumption" means that the app will not go to sleep.

Find the app in the list (you may need to select "All apps" in the menu) and disable the optimization.

Note that in the example on the left, the CORRECT permission has been given to the app.

SET ACTIVE/INACTIVE



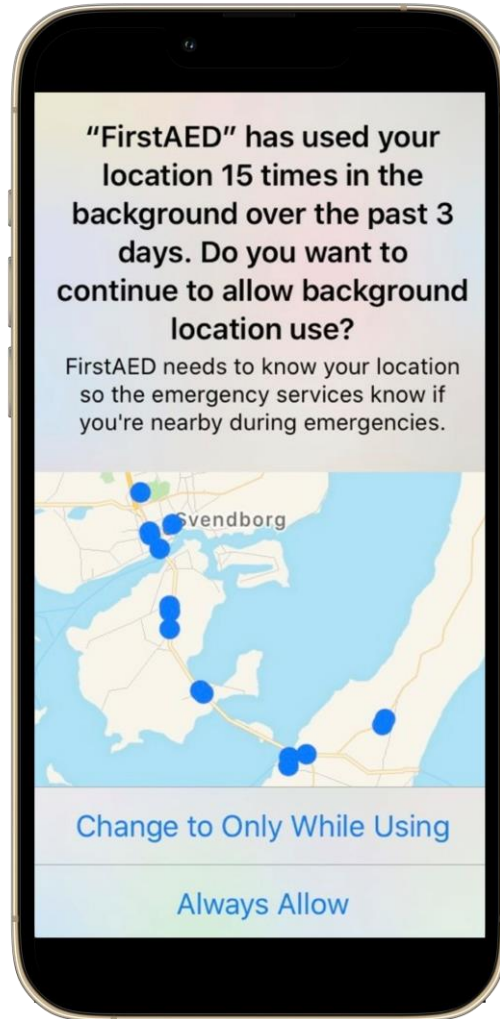
If you want to be inactive for a period of time, press the left arrow on the red bar. Tap on "SETTING INACTIVE".

You make yourself inactive by setting when you want to be active again. Scroll and then press "OK".

On the front page, you will now appear as "Inactive" to the right of the red bar.

You can always go to the same place and reactivate yourself.

GPS autorisation



You are now ready to be called out in case of an alarm.

Occasionally, you will receive this message asking you to confirm that the app can continue to use your location.

This is just a confirmation that you are still giving GPS permission, which is a prerequisite for you to be called.

Therefore, it is important that you always select "Always allow".